

01-25-15 Helmet...We are to TAKE “the Helmet of salvation

REVIEW

The Belt of TRUTH

The Belt of Truth is Jesus Christ and what He says! Jesus Christ is to wrap around us and He holds everything together.

- You and I as Christians are in the spiritual battlefield on a daily basis. We need to put on a daily basis, the Belt of Truth, who is Jesus Christ, and allow Him to hold everything in your life!
- **The Breastplate to protect the heart**
- **Breastplate of RIGHTEOUSNESS...This is Positional righteousness Righteousness Imputed... Romans 4:3 For what does the Scripture say? Abraham believed God, and it was counted to him as righteousness.**
- **Practical righteousness...That is the daily Practice of our life.**
- **Proverbs 4:23 tells us:"Above all else guard your heart; for out of it are the issues of life"**
- **1 John 3:21 "Beloved, if our hearts do not condemn us, we have confidence before God."**
- **Your Feet shod with the gospel of peace**

Two Kinds of Peace First, there is peace with God. Peace with God is what a person experiences when he or she first comes to the Lord for salvation.

Romans “And, having made peace through the blood of his cross...you, that were sometimes alienated and enemies in your minds by wicked works, yet now hath he reconciled.”

Second, in addition to this peace with God that is the birthright of all believers, there is also the peace of God.

Colossians 3:15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.



The Belt of Truth

Breastplate of Righteousness

Your Feet with Peace

We are to “TAKE UP the shield of faith



Paul is reminding us that the shield of faith is used **WITH** the Belt of the truth of Christ, The Breastplate of Righteousness and the Shoes of being prepared to give Good News of Peace. “In Addition to All This,” **TAKE** up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.” The shield, the helmet and the sword are our responsibility to pick up.

So the shield of faith -- this is not saving faith. This is the faith in God, God’s promises, it’s claiming God’s promises, trusting God’s character, and applying God’s truth, and holding it up to deflect the lies and the darts, whether they be fear, accusation, condemnation, or whatever.

The Sword... Take the sword of the Spirit, which is the Word of God.

Take the sword of the Spirit, which is the Word of God. Remember this is our responsibility to **TAKE** the Sword... ‘Take the **SWORD** of the **SPIRIT** which is the **SAYINGS** of **GOD**.’

Memorize The Scriptures...Meditate On The Scriptures...Practice God’s Scriptures

II Timothy 3:16—17 All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work.

We are to TAKE “the Helmet of salvation...” It is our responsibility to pick the helmet up and put it on...



Different types of Roman Helmets – Montefortino were the earliest styles of Roman helmets and worn by the soldiers. They were derived from a Celtic helmet design and were originally made in Montefortino. These helmets were made from brass. It had a small extension at the back as a neck guard.

Different types of Roman Helmets – Coolus It was made in bronze or copper alloy. The bowl of the Coolus Roman helmet had a rounded shape with a pronounced projecting neck guard and a large angular cheek piece.

Different types of Roman Helmets - Imperial Gallic Helmets these were more decorated than earlier helmets with embossed “eyebrows”. More closely follow the shape of the wearers head with ear cut outs. Ear protectors are provided and separately attached. They had a re-enforced cheek pieces and a ridged extension at the back as a neck-guard. Mainly made of iron and with brass decorations.

The Helmet was for protection for the head, eyes and ears...We are to put on “the helmet of salvation”. The helmet obviously protects the head. It was made of metal and leather and “featured a band to protect the forehead and plates for the cheeks, and they left little of the head exposed to danger.”

The hope of salvation as a helmet.” People worry because they are insecure about the future. Of all the things that we worry about, there is one that we really need to be sure of. We need to settle the issue of our relationship with God. Keep in mind that once you accept Christ, you are already and completely secure. Head Protection against sin we were saved from the penalty of sin. We are being saved from the power of sin. And we will be saved from the presence of sin.

John 14:1—4 Don't be troubled. Believe in God, and believe in me. My Father's house has many rooms. If that were not true, would I have told you that I'm going to prepare a place for you? If I go to prepare a place for you, I will come again. Then I will bring you into my presence so that you will be where I am.

That from start to finish Satan would like to rob us of the hope of our eternal future in heaven, of our confidence in Christ's ultimate and complete victory over all the forces of evil. ...I am not saying that we will no longer be tempted to worry. But when we are no longer anxious about our future there in heaven, we can now deal with the things we worry about here on earth.

"Take up the helmet of salvation," or, literally, it's "receive the helmet of salvation." This is a command for you to take up this helmet. It was the last piece of armor that the soldier would put on, and it was made of bronze and leather. And it was the most -- obviously, the most important gear, because if you get hit on the head, you're out. And so this was the most important gear that he's going to put on before, and it's the last thing before he goes to battle.

The word "salvation" just doesn't mean you're saved from sin forever. The word "salvation" literally means to be delivered. The helmet protects your mind. One commentator says, "It is the ability to think logically, to reason wisely, and to maintain a Biblical worldview in the midst of attacks on your mind and your thinking." It's not simply something you can do; you receive it, but it's something you must allow God to do. And so you need to ask, "Well, how do you do that?" You do that by renewing your mind.

Romans 12:2 "Don't be conformed to this world, but be transformed" -- literally, it's in that same passive voice -- "but allow yourself to be transformed." How? "By the renewing of your mind, that your life might demonstrate what the role of God is, that which is good and acceptable and perfect." The helmet of salvation has -- we must get God's Word in our mind in such a way so it protects us.

Head Protection against confusion...Head wounds can be fatal -- the helmet keeps us from becoming disoriented.



A blow to the head can really mess with your equilibrium and make you lose your balance and your focus. We can lose our balance in so many areas if we do not guard our minds.

We can be confident as we stand our ground because the helmet of salvation reminds us that our past is forgiven, our present is a work in progress, and our future is closer than ever

You are what you eat, physically. You are what you think, spiritually. The battle with temptation and sin begins in the mind. Thought leads to action leads to habit...No person can keep himself from having a bad thought. But if you linger there and entertain that thought, it is sin. And it will lead to action.

You can't prevent a bird from landing in your hair, but you can keep them from building a nest...



Stray dogs will inevitably come into your yard, but you don't have to pet them, and don't feed them or they will cease to be stray!

We can't choose what random thoughts come to our mind, but we certainly do choose what we dwell on!

Salvation itself involves the mind. Belief may be a matter of the heart, but repentance is a change of mind that leads to a change of action. It is when we change our mind about our sin and desire a change of life...To have on the helmet of salvation means: We face each battle knowing that Christ has already defeated Satan.

Matthew 22:37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind

I Thessalonians 5:8—9 “But since we are of the day, let us be sober, having put on the breastplate of faith and love, and as a helmet, the hope of salvation. For God has not destined us for wrath, but for obtaining salvation through our Lord Jesus Christ.”

“There is a direct relationship between what I believe about the future and how I live in the present.”

Isaiah 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

The armor of God is made just right for each individual so you can STAND in battle. You cannot wear someone else's armor it has to be fashioned just for you by God and His Word.

I Samuel 37:38—39 Then Saul clothed David with his garments and put a bronze helmet on his head, and he clothed him with armor. David girded his sword over his armor and tried to walk, around, because he was not used to them. "I cannot go in these," he said to Saul, "because I am not used to them." So he took them off.



Goliath: He was a large man anywhere from 8'5" to 9'2"), and he had armor and weapons to match his size... Goliath's armor and weapons together probably weighed somewhere between 150 and 200 pounds. This was a big man, and strong enough to carry and use these huge weapons...The blade of his spear weighed 15 pounds.

A Fight to the Finish... Ephesians 6:11—18 And that about wraps it up. God is strong, and he wants you strong. So take everything the Master has set out for you, well-made weapons of the best materials. And put them to use so you will be able to stand up to everything the Devil throws your way. This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels. Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet. Truth, righteousness, peace, faith, and salvation are more than words. Learn how to apply them. You'll need them throughout your life. God's Word is an *indispensable* weapon. In the same way, prayer is essential in this ongoing warfare. Pray hard and long. Pray for your brothers and sisters. Keep your eyes open. Keep each other's spirits up so that no one falls behind or drops out.

Questions and Comments